

Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily and where schools require one, a filled baked potato or a range of hot sandwiches wraps or Paninis.

Week 1	Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	Pork Meatballs & Pasta in a Tomato Sauce (v) Option Available	Crusty Bread Garden Peas & Fresh Carrots	Homemade Chicken Korma	Mixed Vegetable Rice & Naan Bread	Roast Pork with Sage & Onion Stuffing & Gravy	Roast Potatoes Seasonal Cabbage & Baton Carrots	Lancashire Beef Burger in a Bun with Tomato Ketchup	Corn on the Cob & Homemade Coleslaw	Homemade Pizza Margherita (v)	Chunky Chips or New Potatoes & Side Salad
	Choice 2	Loaded Potato Skins & Garlic Mayo Dip (v)	Sweetcorn & Mixed Salad	Vegetarian Brunch (v)	Hash Browns & Baked Beans	Pasta Neapolitan (v)	Garlic Bread & Mixed Salad	Homemade Cheese & Potato Flan (v)	Fresh Broccoli & Beetroot	Crispy Fish Goujons	Chunky Chips or New Potatoes & Garden Peas
	Desserts	Chocolate & Mandarin Sponge	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fruit Jelly & Ice Cream	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Cheese & Biscuits & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Melting Moments	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Choc Ice	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Week 2	Meat-Free Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	Pasta in Tomato & Mascarpone Sauce (v)	Homemade Garlic Dough Balls & Side Salad	Homemade Chicken Balti	Mixed Rice & Naan Bread	Roast Chicken with Sage & Onion Stuffing & Gravy	Creamed Potatoes Fresh Broccoli & Fresh Carrots	Savoury Mince Cobbler	New Potatoes & Sweetcorn	Fresh Pork Sausage in a Finger Roll with Onions & Tomato Relish	Chunky Chips or New Potatoes & Coleslaw
	Choice 2	Free Range Cheese Omelette (v)	Herby Diced Potatoes & Baked Beans	Vegetarian Pasta Bolognese (V)	Homemade Crusty Bread & Sweetcorn	Hot Filled Panini (v)	Potato Wedges or Vegetable Cous Cous & Side Salad	Homemade Margherita Pizza (v)	Potato Salad Seasonal & Vegetable Sticks	Birds Eye Fish Fingers	Chunky Chips or New Potatoes & Garden Peas
	Desserts	Lemon Drizzle Cake	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Shortbread Biscuit with Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Peach Melba	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Fruity Flapjack	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Raspberry Bun	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Week 3	Monday		Tuesday		Wednesday		Thursday		Friday Favourites		
	Choice 1	Oven Baked Pork Sausages (v) Option Available	Creamed Potatoes & Baked Beans	Cajun Chicken Savoury Rice	Fresh Broccoli & Side Salad	Topside of Beef Yorkshire Pudding & Gravy	Creamed Potatoes Green Beans & Fresh Carrots	Chicken Tikka Masala	Mixed Vegetable Rice & Naan Bread	Rosie's Chilli Barco Wrap SCOTY 2017	Tortilla Chips & Tomato Salsa
	Choice 2	Tomato & Red Pepper Pasta Bake (v)	Homemade Garlic Bread & Side Salad	Homemade Deep Pan Pizza (v)	Side Salad & Seasonable Vegetable Sticks	Mac & Cheese Bites	New Potatoes Garden Peas & Carrots	Cheese Whirl Puff (v)	Half Jacket Potato Garden Peas & Sweetcorn	Harry Ramsden's Chip Shop Battered Fish Fillet	Chunky Chips or New Potatoes & Mushy Peas
	Desserts	Cheese & Biscuits & Fresh Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Summer Fruit Eton Mess	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Chocolate Banana Muffin	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Ice Cream Roll & Fruit	Fresh Fruit Bar Fruit Yoghurt Cool Milk	Cook's Cookie Choice & Milkshake	Fresh Fruit Bar Fruit Yoghurt Cool Milk

Weekly Menu Cycle

- Week 1**
- Week 2**
- Week 3**

April/May

Mon	Tue	Wed	Thur	Fri
17	18	19	20	21
24	25	26	27	28
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19

May/June

Mon	Tue	Wed	Thur	Fri
22	23	24	25	26
29	30	31	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23

Jun/July

Mon	Tue	Wed	Thur	Fri
26	27	28	29	30
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

Jul/Aug/Sept

Mon	Tue	Wed	Thur	Fri
31	1	2	3	4
28	29	30	31	1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22

Sep/Oct

Mon	Tue	Wed	Thur	Fri
25	26	27	28	29
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

Oct/Nov

Mon	Tue	Wed	Thur	Fri
30	1	2	3	4
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.